

## **Internships and similar opportunities**

An **internship** is employment with an instructor that is limited to a specific period of time.

- There are different forms of internships
- The required residence document must contain this statement:  
“Employment only by permission from the Immigration Office. Self-employment or similar employment not permitted.” (“Erwerbstätigkeit nur mit Zustimmung der Ausländerbehörde erlaubt. Selbstständigkeit oder vergleichbare Beschäftigung nicht erlaubt.”)
- Permission from the respective Immigration Office and the Federal Employment Agency (Agentur für Arbeit) or Job Centre is required.

## **Volunteering as an integration opportunity**

This is considered an “activity on a voluntary basis” (“unregelmäßige Tätigkeit auf freiwilliger Basis”).

- It is not considered an employment relationship
- Supporting organisations can be: Clubs or associations, churches, the BFD or FSJ, etc.
- The required residence document must contain this statement:  
“Employment only by permission from the Immigration Office. Self-employment or similar employment not permitted.” (“Erwerbstätigkeit nur mit Zustimmung der Ausländerbehörde erlaubt. Selbstständigkeit oder vergleichbare Beschäftigung nicht erlaubt.”)
- Approval from the respective Immigration Office
- Information from the Federal Employment Agency and Job Centre if the person receives compensation

## **Job shadowing (Hospitation or “Schnupperpraktikum”):**

- As a job shadower, you have the chance to learn about company processes but are not actively involved in them yourself.
- It is not considered an employment relationship
- No remuneration
- Maximum duration of 2 weeks
- Before you start a job shadowing programme, you must inform the Federal Employment Agency and/or Job Centre.